



Emotional Competence Inventory 2.0 Emotional & Social Competency Inventory

The ECI 2.0 is a 360-degree tool designed to assess the emotional and social competencies of individuals in organizations. The test is based on emotional competencies identified by Dr. Daniel Goleman in *Working with Emotional Intelligence* (1998). The use of the ECI and the ESCI is limited to accredited users who can demonstrate their ability to give accurate, comprehensive feedback to their clients. The instruments are designed for use only as development tools, not for hiring or compensation decisions (Wolff, 2006).

The ECI measures 18 competencies organized into four clusters: Self-Awareness, Self-Management, Social Awareness, and Relationship Management.

Self-Awareness concerns knowing one's internal states, preferences, resources, and intuitions. The Self-Awareness cluster contains three competencies:

- **Emotional Awareness:** Recognizing one's emotions and their effects
- **Accurate Self-Assessment:** Knowing one's strengths and limits
- **Self-Confidence:** A strong sense of one's self-worth and capabilities

Self-Management refers to managing one's internal states, impulses, and resources. The Self-Management cluster contains six competencies:

- **Emotional Self-Control:** Keeping disruptive emotions and impulses in check
- **Transparency:** Maintaining integrity, acting congruently with one's values
- **Adaptability:** Flexibility in handling change
- **Achievement:** Striving to improve or meeting a standard of excellence
- **Initiative:** Readiness to act on opportunities
- **Optimism:** Persistence in pursuing goals despite obstacles and setbacks

Social Awareness refers to how people handle relationships and awareness of others' feelings, needs, and concerns. The Social Awareness cluster contains three competencies:

- **Empathy:** Sensing others' feelings and perspectives, and taking an active interest in their concerns
- **Organizational Awareness:** Reading a group's emotional currents and power relationships
- **Service Orientation:** Anticipating, recognizing, and meeting customers' needs

Relationship Management concerns the skill or adeptness at inducing desirable responses in others. The Relationship Management cluster contains six competencies:

- **Developing Others:** Sensing others' development needs and bolstering their abilities
- **Inspirational Leadership:** Inspiring and guiding individuals and groups
- **Change Catalyst:** Initiating or managing change
- **Influence:** Wielding effective tactics for persuasion
- **Conflict Management:** Negotiating and resolving disagreements
- **Teamwork & Collaboration:** Working with others toward shared goals. Creating group synergy in pursuing collective goals.